

GOSPEL REFLECTION FOR THE MOST HOLY BODY AND BLOOD OF CHRIST

The Real Miracle



The feeding of the five thousand no, not just a miraculous story about the multiplication of a couple of fishes and loaves. In the context of today's solemnity, today's gospel reading links the ordinary food that God provides at our regular meals to the extraordinary food we receive in Holy Communion.

In this miracle Jesus is showing us that God's reign is about satisfying both human spiritual and physical need. The importance of the miracle is not so much about the multiplication of food, but the message that God can provide for all. This claim might raise a few third world eyebrows, but the truth remains; God has provided for all, it's left to us to make sure it is shared fairly around the world.

Today's real miracle would be in the change of our materialistic attitudes. The real miracle would be a change that would enable us to eradicate poverty and hunger simply by organising a system of sharing. The scale of the problem the disciples faced on the day of the feeding of the five thousand must have seemed impossible, but the message that they should get on with the job of sharing and leave the rest to God, could be as miraculous today as it was then.

Jesus was all about sharing. He gave his time, his love and finally his body and blood. When we receive Holy Communion in Mass our action is twofold. The Eucharist is a banquet for the multitudes in which we remember Jesus' sacrificial self-giving. More than this, we remember the promise that anyone who eats his bread and drinks his blood will share eternal life.

A Prayer in response to the escalating violence between Israel and Iran:

As violence escalates between Israel and Iran, please join us in prayer for peace in the Middle East. We pray for an end to the bloodshed. We pray for compassion, mercy and restraint.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Bitesize: One cannot think well, love well, sleep well, if one has not dined well.
Virginia Woolf, A Room of One's Own, 1929

Permanent Deacon: Rev. Martin Sanderson

Parish Music team: Judy Reid, Kathleen Edmunds & William Preddy.

Parish Safeguarding Representatives: Paul McIntee & Kate Meehan

Sacred Heart & St Margaret Mary



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SacredHeartDereham.org.uk

Sunday 22nd June 2025 – The Most Holy Body and Blood of Christ (Corpus Christi)

[Sundays Year C, 12th Week of the Year, Weekdays Year I, Psalter Week 4]

MASSES in the PARISH

Saturday 21st June	
18.00	<i>First MASS of Sunday</i>
	Mgr. Harry Wace (Fdn)
Sunday 22nd June	
	THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)
09.00	MASS
	Rose Bere+ (Fdn)
11.00	MASS <i>Live streamed</i>
	For the People of the Parish
Monday 23rd June	
-	No Mass today
Tuesday 24th June	
10.00	MASS
	THE NATIVITY OF JOHN THE BAPTIST
Wednesday 25th June	
10.00	MASS
	Ma. Joseph, Ma. & Elsamma Kurian+ (SJ)
Thursday 26th June	
10.00	MASS & ADORATION
	Feria
	Antony+ (HA)
	Dedication of the Cathedral
	Anisha Cyriac+ (CC)
Friday 27th June	
17.30	MASS
	THE MOST SACRED HEART OF JESUS
Saturday 28th June	
18.00	<i>First MASS of Sunday</i>
	Thomas+ (CC)
Sunday 29th June	
09.00	MASS
	The Immaculate Heart of the BVM
11.00	MASS <i>Live streamed</i>
	For the People of the Parish
	SS Peter and Paul
	Rosario Preston & Family (Healing)

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30
EXPOSITION & BENEDICTION: Thursday after Mass

Rosary & Morning Prayer are said weekdays before Mass from 09:15.

For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the link on the parish website.

The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: Mary Holmes, Mary Rush, John Frizzell, Dorothy Payne, Michael Howard, Maureen Jacobs, John Zuhlke, Terrance Lappin, Barry McGrath, Frances Saville-King and Fernando Sentieriro. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Derek Williams, Patsy Gray, Colette Barrow-Nessian, William Dunne, Pauline Buckland, Katherine Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Elaine Wilkes, Anne Sibley.

Money Matters: Offerings for the following weeks were as follows – Sunday 15nd June: Plate £306.50; and £30 for Life Charities Thank you.

Next Sunday 29th June there will be a second collection for Peter's Pence

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Sacred Heart and St Margaret Mary Catholic Church.** The Sort Code is: **40-20-08** and the Account number is: **11311115.** If you are a tax payer, please also consider **Gift Aid.** **Gift Aid forms** are available at the back of church.

Diary for the week Sunday 22 nd – Saturday 28 th June	
Monday: 1900-2030	AA Group Meeting - Emmaus Room
Wednesday: 1430	Queen of Peace Prayer Group – Emmaus Room. All welcome.
Wednesday 6.30pm	Parish General Meeting – Emmaus Room
Friday 5.30pm Mass	Feast of the Sacred Heart - following Mass there will be a celebration in the garden, please bring your own food
Parish Garden Club – To volunteer, please contact Sonia on 07985 521578.	

Feast of the Sacred Heart 27th June The story of the Good Shepherd who goes in search of the one lost sheep tells us that there is not one soul that Jesus is willing to lose. There is not one of us that Jesus does not love. There is not one of us without value. The Friday that follows the Second Sunday in time after Pentecost is the Feast of the Sacred Heart. This is a devotion to Jesus himself, but in particular, to the loving heart of Jesus and all its manifestations of his love for us.



First Communion – Please pray for Selena, Sofia, Marianne, Lucas, Mariana, Francisco, Josh, Belkisa and Amelia who will be making their First Communion this Sunday, 22nd June at 1100 Mass.

Parish General Meeting Wednesday 25th June 6.30pm

There is a Parish Meeting this coming week to discuss our Parish Life, all parishioners welcome to attend. The Agenda and Minutes from the last meeting are on the noticeboard, and on the website. Report writers please bring any written items for the Minute Taker.

Feast of the Sacred Heart Friday 27th June Mass 5.30pm

Our Parish Patronal Feast Day - Mass will be at 5.30pm followed by a party in the garden, weather permitting, please bring your own food.

The Parish Centenary Mass 25th July 2025 6pm

Bishop Peter Collins will be attending our Parish Centenary Mass next month – please make a note of this date in your diary. Further details about the Mass and celebration are to follow.

Marriage Preparation: For any couples seeking to be married in the autumn/winter 2025, or early 2026, the dates for the Diocese marriage preparation Saturday Days, and further information on the web page: rcdea.org.uk/marriage-preparation/

Church Flowers - We are very short on flower arrangers for the next few months and wondered if anyone would like to join us or help out by just doing a vase of flowers in front of the altar. There is a Rota on the notice board to add your name or contact Jan Duffield on 693687.

Email Scam - Please note that some parishioners have received a scam email appearing to be from Fr Jay. Note that Fr Jay would only use the email address on the front of the Bulletin. If you receive a scam email delete it as a scam.

Love Dereham - Open Garden 20th July 2-4.30pm One of the members of Dereham Baptist Church is holding a fundraising garden party for Love Dereham at 21 George Borrow Road, all welcome.

Thank you! We thank all our many parish volunteers and groups for their help each week in supporting the running and daily and spiritual life of the parish.